



## 3.1.1 Psychiatry and Mental Health Group

Publications: **23**

Q1: **11**

### COMPOSITION

**María Fe Bravo Ortiz.** Jefa del Servicio de Psiquiatría. Hospital Universitario La Paz. Profesora Asociada. Facultad de Medicina. Universidad Autónoma de Madrid

**Blanca Amador Sastre.** Facultativo Especialista de Área en Psicología Clínica. Hospital Universitario La Paz

**Jorge Andreo Jover.** Investigador Predoctoral. FIBHULP

**Carmen Bayón Pérez.** Facultativo Especialista de Área en Psicología Clínica. Hospital Universitario La Paz. Profesora Asociada. Facultad de Medicina. Universidad Autónoma de Madrid

**Katya Barros March.** Investigadora Predoctoral. FIBHULP

**Susana Cebolla Lorenzo.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

**Consuelo de Dios Perrino.** Jefa de sección de Psiquiatría. Hospital Universitario La Paz. Profesora Asociada. Facultad de Medicina. Universidad Autónoma de Madrid

**Eduardo Fernández Jiménez.** Facultativo Especialista de Área en Psicología Clínica. Hospital Universitario La Paz

**Nieves González Suárez.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

**Ana Hospital Moreno.** Facultativo Especialista de Área en Psicología Clínica. Hospital Universitario La Paz

**Eduardo Jiménez Sola.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

**Jesús Martí Esquitino.** Facultativo Especialista de Área en Psicología Clínica. Hospital Universitario La Paz

**Gonzalo Martínez-Ales García.** Investigador Postdoctoral. Universidad de Harvard

**Ainoa Muñoz San José.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

**Óscar Pajares González-Gallego.** Enfermero Especialista en Salud Mental CSM Fuencarral. Hospital Universitario La Paz

**Ángela Palao Tarrero.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

**Pau Pérez Sales.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz



**Cristina Rocamora González.** Psicóloga. Residencia Asistida San Camilo

**Beatriz Rodríguez Vega.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz. Profesora Asociada. Facultad de Medicina. Universidad Autónoma de Madrid

**María Paz Vidal Villegas.** Técnico de Apoyo. Hospital Universitario La Paz

**Rosa Villanueva Peña.** Facultativo Especialista de Área en Psiquiatría. Hospital Universitario La Paz

### STRATEGIC OBJECTIVE

The group is devoted to assess the efficacy of psychotherapeutic techniques as adjunctive to other therapeutic measures in mental disorders and other medical diseases.

Their main areas of investigation are: research in bipolar disorder, severe mental disorder, and other medical disorders such as multiple sclerosis, cancer and chronic pain. We participate in clinical trials on new treatments and specific therapies in order to improve the prognosis of these disorders.

Moreover, the group is involved in the evaluation of new treatments or new indications in mental disorders through the participation in clinical trials.

We are specially focused in the assessment of the efficacy and effectiveness of techniques such as Mindfulness and we evaluate hypothetical mediators of response, such as neurotrophic factors or factors related to inflammatory response.



## RESEARCH LINES

- Psychotherapeutic interventions in mental disorders.
- Suicide prevention.
- Psychological and social impact of the COVID-19 pandemic.
- e-Health interventions.
- Mindfulness-based interventions.

## RESEARCH ACTIVITY

### ● Publications

- Ángora R, Martínez-Ales G, Arriero MAJ, Navio M, Baca-García E. Evaluation of an intensive-reattempt-prevention programme based on problem-solving therapy in a catchment area of 430.000 people in Madrid, Spain. *Actas Esp Psiquiatri.* 2022; 50(3): 134-43. Article. IF: 1.5; Q4
- García-López M, Alonso-Sánchez M, Leal I, Martín-Hernández D, Caso JR, Díaz-Caneja CM, Andréu-Bernabéu A, Arango C, Rodríguez-Jiménez R, Sánchez-Pastor L, Díaz-Marsa M, Mellor-Marsa B, Ibáñez A, Malpica N, Bravo-Ortiz MF, Baca-García E, Ayuso-Mateos JL, Izquierdo A. The relationship between negative symptoms, social cognition, and social functioning in patients with first episode psychosis. *J Psychiatr Res.* 2022; 155: 171-9. Article. IF: 4.8; Q2
- González CR, Vega BR, Zarcero MT, Mediavilla R, Molina NB, Fernández RP, Migueláñez IP, Tarrero AP. Mindfulness based intervention through mobile app for colorectal cancer people awaiting surgery: A randomized clinical trial. *Cir Espan.* 2022; 100(12): 747-54. Article. IF: 1.9; Q3
- Hernández-Calle D, Andreo-Jover J, Curto-Ramos J, Martínez DG, Valor LV, Juárez G, Alcami M, Ortiz A, Iglesias N, Bravo-Ortiz MF, Vega BR, Martínez-Ales G. Pediatric mental health emergency visits during the COVID-19 pandemic. *Scand J Child Adolesc Psychiatr Psychol.* 2022; 10(1): 53-7. Article. IF: 1.9; Q2
- Hernández-Calle D, Martínez-Ales G, López-Cuadrado T. Suicidal and accidental drug poisoning mortality among older adults and working-age individuals in Spain between 2000 and 2018. *BMC Geriatr.* 2022; 22(1): 114. Article. IF: 4.1; Q1
- Joseph VA, Martínez-Alés G, Olfson M, Shaman J, Gould MS, Keyes KM. Temporal trends in suicide methods among adolescents in the US. *JAMA Netw Open.* 2022; 5(10): e2236049. Letter. IF: 13.8; D1
- López-Cuadrado T, Hernández-Calle D, Martínez-Ales G. Trends in suicide mortality in Spain, 2000-2019: Moderation by foreign-born status. *J Affect Disorders.* 2022; 300: 532-9. Article. IF: 6.6; Q1
- Martínez-Alés G, Domingo-Reloso A, Quintana-Díaz M, Fernández-Capitán C, Hernan MA. Thromboprophylaxis with standard-dose vs. flexible-dose heparin for hospitalized COVID-19 patients: a target trial emulation. *J Clin Epidemiol.* 2022; 151: 96-103. Article. IF: 7.2; D1
- Martínez-Alés G, Fernández-Jiménez E, Mediavilla R, Quintana-Díaz M, Louzao I, Cebolla S, Muñoz-Sanjosé A, Bayón C, Susser ES, Bravo-Ortiz MF. Role of medical comorbidity in the association between psychiatric disorders and mortality among patients with COVID-19. *Soc Psych Psych Epid.* 2022; 57(8): 1727-30. Article. IF: 4.4; Q2
- Martínez-Alés G, Gimbrone C, Rutherford C, Keyes K, López-Cuadrado T. Role of foreign-born status on suicide mortality in Spain between 2000 and 2019: An age-period-cohort analysis. *Int J Public Health.* 2022; 67: 1604538. Article. IF: 4.6; Q1
- Martínez-Alés G, Jiang T, Keyes KM, Gradus JL. The recent rise of suicide mortality in the United States. *Annu Rev Publ Health.* 2022; 43: 99-116. Review. IF: 20.8; D1
- Mascayano F, van der Ven E, Moro MF, Schilling S, Alarcon S, Al Barathie J, Alnasser L, Asaoka H, Ayinde O, Balalian AA, Basagoitia A, Brittain K, Dohrenwend B, Durand-Arias S, Eskin M, Fernández-Jiménez E, Frey MIF, Gimenez L, Gisle L, Hoek HW, Jaldo RE, Lindert J, Maldonado H, Martínez-Ales G, Martínez-Viciana C, Mediavilla R, McCormack C, Myer L, Narváez J, Nishi D, Ouali U, Puac-Polanco V, Ramirez J, Restrepo-Henao A, Rivera-Segarra E, Rodríguez AM, Saab D, Seblova D, da Silva ATC, Valeri L, Alvarado R, Susser E. The impact of the COVID-19 pandemic on the mental health of healthcare workers: study protocol for the COVID-19 HHealth caRe wOrkErS (HEROES) study. *Soc Psych Psych Epid.* 2022; 57(3): 633-45. Article. IF: 4.4; Q2
- Mediavilla R, Fernández-Jiménez E, Martínez-Morata I, Jaramillo F, Andreo-Jover J, Morán-Sánchez I, Mascayano F, Moreno-Kustner B, Minue S, Ayuso-Mateos JL, Bryant RA, Bravo-Ortiz MF, Martínez-Ales G. Sustained negative mental health outcomes among healthcare workers over the first year of the COVID-19 pandemic: A prospective cohort study. *Int J Public Health.* 2022; 67: 1604553. Article. IF: 4.6; Q1
- Mediavilla R, McGreevy KR, Felez-Nobrega M, Monistrol-Mula A, Bravo-Ortiz MF, Bayón C, Rodríguez-Vega B, Nicaise P, Delaire A, Sijbrandij M, Witteveen AB, Purgato M, Barbui C, Tedeschi F, Melchior M, van der Waerden J, McDaid D, Park AL, Kalisch R, Petri-Romao P, Underhill J, Bryant RA, Haro JM, Ayuso-Mateos JL. Effectiveness of a stepped-care programme of internet-based psychological interventions for healthcare workers with psychological distress: Study protocol for the RESPOND healthcare workers randomised controlled trial. *Digit Health.* 2022; 8: 20552076221129100. Article. IF: 3.9; Q1
- Mediavilla R, Monistrol-Mula A, McGreevy KRR, Félez-Nobrega M, Delaire A, Nicaise P, Palomoconti S, Bayón C, Bravo-Ortiz MF, Rodríguez-Vega B, Witteveen A, Sijbrandij M, Turrini G, Purgato M, Vuillermoz C, Melchior M, Petri-Romao P, Stoffers-Winterling J, Bryant RAA, McDaid D, Park AL, Ayuso-Mateos JL. Mental health problems and needs of frontline healthcare workers during the COVID-19 pandemic in Spain: A qualitative analysis. *Front Public Health.* 2022; 10: 956403. Article. IF: 5.2; Q1
- Orgaz P, Rodríguez Vega B, Bayón C, Palao A, Lorenzini N, González Torres MA. Experience of health workers during the first wave of Covid-19 in Spain: a qualitative study with focus groups. *Rev Asoc Esp Especialist Med Trab.* 2022; 31(2): 155-66. Article. Not Indexed
- Ortiz-Calvo E, Martínez-Alés G, Mediavilla R, González-Gómez E, Fernández-Jiménez E, Bravo-Ortiz MF, Moreno-Kustner B. The role of social support and resilience in the mental health impact of the COVID-19 pandemic among healthcare workers in Spain. *J Psychiatr Res.* 2022; 148: 181-7. Article. IF: 4.8; Q2
- Palomar-Ciria N, Cegla-Schvartzman F, Bello HJ, Martínez-Ales G, Migoya-Borja M, Baca-Gracia E. Diagnostic stability of schizophrenia in clinical settings: An observational study of 198,289 patient/years. *Schizophr Res.* 2022; 244: 81-3. Letter. IF: 4.5; Q2
- Redondo JR, Fontecha PDD, de Miquel CA, Bernabé MA, Fernández BC, Ojeda CC, Cruz AC, Monteso-Curto P, Tarrero AP, Calvo ET, Pareja MAV, García NB, Argumanez CM, Farras MNP. Recommendations by the Spanish Society of Rheumatology on Fibromyalgia. Part 1: Diagnosis and treatment. *Reumatol Clin.* 2022; 18(3): 131-40. Article. IF: 1.5; Q4
- Redondo JR, Fontecha PDD, de Miquel CA, Bernabé MA, Fernández BC, Ojeda CC, Cruz AC, Monteso-Curto P, Tarrero AP, Calvo ET, Pareja MAV, García NB, Argumanez CM, Farras MNP. Recommendations by the Spanish Society of Rheumatology on the Management of Patients with Fibromyalgia. Part II. *Reumatol Clin.* 2022; 18(5): 260-5. Article. IF: 1.5; Q4
- Rivera-Segarra E, Mascayano F, Alnasser L, van der Ven E, Martínez-Alés G, Durand-Arias S, Moro MF, Karam E, Hernández-Torres R, Alarcon S, Ramos-Pibernus A, Alvarado R, Susser E. Global mental health research and practice: a de-



colonial approach. *Lancet Psychiatry*. 2022; 9(7): 595-600. Article. IF: 64.3; D1

- Sánchez-Rotger P, Martínez-Alés G, Martí-Esquino J, Bravo-Ortiz MF. Effectiveness of formal feedback in mental health community in Spain: a randomized clinical study. *Rev Psicoterapia*. 2022; 33(121): 239-52. Article. IF: 0.3; Q4
- van der Ven E, Jones N, Bareis N, Scodes JM, Dambreville R, Ngo H, Mathai CM, Bello I, Martínez-Alés G, Mascayano F, Lee RJ, Veling W, Anglin DM, Lewis-Fernández R, Susser ES, Compton MT, Dixon LB, Wall MM. An intersectional approach to ethnoracial disparities in pathways to care among individuals with psychosis in coordinated specialty care. *JAMA Psychiat*. 2022; 79(8): 790-8. Article. IF: 25.8; D1

### ● Research projects

**Bravo Ortiz MF.** Ambiente y genes en esquizofrenia (AGES-CM 2-CM) (S2017/BMD-

3740). CM. 2018-2022.

**Management centre:** FIBHULP

**Bravo Ortiz MF.** Estudio longitudinal de una cohorte representativa: superando la heterogeneidad clínica y biológica en primeros episodios psicóticos (PI20/01113). ISCIII. 2021-2023.

**Management centre:** FIBHULP

**Bravo Ortiz MF.** Estudio sobre el impacto de la implantación del programa arsuic en la prevención de la conducta suicida en el área de influencia del Hospital Universitario La Paz. 2015-Ongoing.

**Management centre:** FIBHULP

**Bravo Ortiz MF.** Impacto de la pandemia de COVID-19 en la salud mental de trabajadores en dispositivos sanitarios. Estudio

internacional multicéntrico: the COVID-19 Heroes Study. Sociedad Española de Psiquiatría. 2020-Ongoing.

**Management centre:** FIBHULP

**Bravo Ortiz MF.** Improving the Preparedness of Health Systems to Reduce Mental Health and Psychosocial Concerns resulting from the COVID-19 Pandemic (RESPOND). UE. 2020-2023.

**Management centre:** FIBHULP

**Bravo Ortiz MF.** Intervenciones basadas en mindfulness para mejorar la cognición social en pacientes con un primer episodio psicótico (PI17/00768). ISCIII. 2018-2022.

**Management centre:** FIBHULP

**de Dios Perrino C.** Regulación epigenética del sistema oxitocina-vasopresina y pro-socialidad en la manía bipolar. FIBHULP. 2015-Ongoing.

**Management centre:** FIBHULP

**Fernández Jiménez E.** Identificación de necesidades pre- y post-quirúrgica y evolución neuropsicológica y biopsicosocial en población infantojuvenil sometida a cirugía de trasplante de órgano sólido y pectus excavatum. proyecto psycmajorsurgeries. Fundación Alicia Koplowitz. 2022-Ongoing.

**Management centre:** FIBHULP

**Palao Tarrera A.** Prevención e intervención en suicidio (SURVIVE): estudio de cohorte y ensayos clínicos controlados anidados de programas de prevención secundaria para intentos de suicidio (PI19/00941). ISCIII. 2020-2022.

**Management centre:** FIBHULP

**Rodríguez Vega B.** Comparación de dos estrategias de intervención para el tratamiento de los trastornos depresivos en pacientes oncológicos. Lundbeck España S. A. 2007-Ongoing.

**Management centre:** FIBHULP

**Rodríguez Vega B.** Traducción y validación de los instrumentos reflective functioning questionnaire e inventory of personality organization. Fundación Vasca de Innovación e Investigación Sanitarias. 2018-Ongoing.

**Management centre:** FIBHULP

### ● Clinical trials

**Fernández Jiménez E.** Fase de tipificación de la adaptación española del maci-II.

**Type:** Clinical Trials, phase. 2022.031.

**Sponsored by:** Pearson Educación S.A.

**Signed date:** 22/04/2022

### ● Patents and trademarks

**Rodríguez Vega B,** authors; FIBHULP, assignee. Brand name: en calma; ESM 3.695.071; 2017 December 12.



En Calma

**Rodríguez Vega B, Mediavilla Torres R, Bravo Ortiz MF, Muñoz San José A, Bayón Pérez C, Lahera Forteza G, Palao Tarrero A.** authors; FIBHULP, assignee. Brand name: SocialMind; ESM 3.748.550; 2018 December 17.;



SocialMind

